

EnneaFest Day One

Saturday 9th October 2021



9.00 Arrival and registration

10.00 Community gathering, welcome
Introduction to EnneaFest 2021: The Enneagram in Action

10.30 **Keynote 1: The Enneagram in Leadership and in Life**
Martin Salzwedel (D)



What will we do with new-found freedoms as we emerge shell-shocked from the global pandemic?

Our choices matter. In a changed world, conscious choice matters more than ever. It's where the power is. It's key to leadership and to each one of us being 'awake', as active co-creators in our own lives. Martin works with international leaders on executive and organizational development across the globe. He will entertain, inspire and challenge with a rich mix of musicianship, deep understanding and Enneagram insight.

12.00 Break and refreshments

12.30 **Workshop 1**
The Enneagram in Action in Organisations
Helen English (UK)



Continuing the keynote theme with evidence-based practice, moving from theory into action. Business success stories and case studies. Hear clients' experience and tales of how this work has benefitted; professionally, personally and organisation-wide.

Workshop 2
Relationship as a Spiritual Journey
Rosemary Cowan (UK)



An exploration of love relationships, this workshop will examine the very good reasons why we chose the person we did, and how they (and our reactions to them) show us the path to spiritual growth. Enneagram-inspired, naturally!

1.30 Lunch break

2.45 **Workshop 3**
Transformational Coaching
Guy Thomson (SA/UK)



We explore how best to guide one-to-one clients on a journey of discovery moving from fear to integration. Guy is a coach, motivational speaker and experienced international consultant whose love affair with the Enneagram involves its use as a vital map to orientate and inform this work.

Workshop 4
Teaching the Enneagram - Tradition, Technology and Building Community
Liz West (UK), Teresa Daniels (UK)



As different methods of Enneagram teaching emerge from research, we ask 'What's working well?' for learners and teachers alike. We will introduce the new Enneagram Alive website, an online platform for teachers, coaches and students in the UK and Ireland, to help build Enneagram communities and maintain high-quality, ethical transmission of the Enneagram. Practical, informative and with some surprises!

4.00 Break and refreshments

4.30 **Workshop 5**
Come ALIVE with the Enneagram!
Zitta de Fries (DK)



Zitta will facilitate a lively, playful workshop that will help you experience and embody Enneagram energies like never before! As an eminent choreographer and theatre director she describes how, using the Enneagram, professional actors and dancers have benefitted. Let your hair down, have some fun and through movement, make new discoveries!

6.00 Drinks and Cello Recital by Martin Salzwedel



6.15 **Interest Corners**

Interest Corner A: Enneagram Profiling in Business
Fergus Sullivan (UK)

Three or more 'Interest Corners' are planned and will feature contributions from delegates & contributors.

7.30 Dinner

EnneaFest Day Two

Sunday 10th October 2021



9.00 Arrival and day-delegate registration

9.30 Community gathering, welcome to Day 2 of EnneaFest 2021

10.00 **Keynote 2: The Enneagram Prison Project***
Susan Olessek (USA)



The power of offering self-awareness and self-management training using the Enneagram system combined with somatic awareness and mindfulness meditation. Discover the inspiring story of how, as a result, people living in prison are transforming their lives.

11.15 Break and refreshments

11.45 **Workshop 6**
Enneagram Prison Project in the UK
Christine Adames and the UK EPP Team



Evidence based practice - practical applications of the Enneagram Prison Project in the UK and how the project translates here. Find out about how the Enneagram is being used to achieve vital outcomes with hard to reach groups.

Workshop 7
The Enneagram in Organisational and Team Development
Colette Luscomb (US), Angela Scott (UK)



Discover fundamental ways the Enneagram is being applied in the work environment: to enhance relationships, leverage diversity, improve team dynamics and more besides. Participants and clients on interview panels share their experience.

1.00 Lunch break

2.00 **Workshop 8**
The Enneagram, Music and Leadership
Martin Salzwedel (D)



Martin fuses music and the Enneagram in his work internationally, in executive coaching, leadership and organisational development. This entertaining and experiential workshop offers a fascinating insight into this work and its power.

Workshop 9
Sitting in the Gap - Transformational Journeying with the Enneagram
Heather Brown (UK), Therese Ryan (Eire)



We introduce typical stages of an Enneagram development path. Participants will have the chance to experience somatic practices to help them move forward on their journey, whatever the present goal or challenge.

3.00 Break and Refreshments

3.15 **Panel Forum – All Session Leaders - Q&A – Dialogue**

We'll be gathering themes and questions throughout and will address them here, amongst facilitators and delegates alike. Many people said this was one of the highlights of our first EnneaFest, with great questions and inspiring conversation. We'll focus especially on how the Enneagram can help and inspire us to thrive in a changing world.

4.30 **Creative and Musical Finale with Martin and Zitta**



5.00 Close

Key to Symbols for the EnneaFest's 4 Themes



Coaching, corporate leadership and development



Social reform



Relationships, personal and spiritual development



Creative arts, innovation and technology

www.enneafest.co.uk for information & booking

* Due to global travel restrictions, this session may stream live or be in recorded format.

Covid 19. We have the firm intention that the EnneaFest will go ahead as a face-to-face event, yet reserve the right to modify conference arrangements as necessary.