

# EnneaFest Day One

## Saturday 24th April 2021



9.00 Arrival and registration

10.00 Community gathering, welcome  
Introduction to EnneaFest 2021: The Enneagram in Action

### 10.30 **Keynote 1: Changing Leadership Paradigms for a Changed World**

**Professor Peter Hawkins (UK) and Helen English (UK)**

Changing leadership paradigms are vital for our changed and fast-changing world. Ethical, grounded, inspired and spirit-shaped leadership is badly needed. Leadership that is cognisant of organisational and global ecosystems. But is it possible? We juxtapose current trends in leadership development with the Enneagram as a leadership goldmine, combining theory, current applications and inspiring stories.



12.00 Break and refreshments

### 12.30 **Workshop 1** **The Enneagram in Action** **in Organizations**

**Helen English (UK)**

Continuing the keynote theme with evidence-based practice, moving from theory into action. Business success stories and case studies. Hear clients' experience and tales of how this work has benefitted; professionally, personally and organisation-wide.



### **Workshop 2** **Relationship as a Spiritual Journey**

**Rosemary Cowan (UK)**

An exploration of love relationships, this workshop will examine the very good reasons why we chose the person we did, and how they (and our reactions to them) show us the path to spiritual growth. Enneagram-inspired, naturally!



1.30 Lunch break

### 2.45 **Workshop 3** **The Enneagram, Music** **and Leadership**

**Martin Salzwedel (D)**

Martin fuses music and the Enneagram in his work internationally, in executive coaching, leadership and organisational development. This entertaining and experiential workshop offers a fascinating insight into this work and its power.



### **Workshop 4** **Teaching the Enneagram - Tradition,** **Technology and Building Community**

**Liz West (UK), Teresa Daniels (UK)**

As different methods of Enneagram teaching emerge, we ask 'what's working well?' for learners and teachers' alike. "What have we learned in lockdown and beyond?" Practical, informative, perhaps challenging and with some surprises.



4.00 Break and refreshments

### 4.30 **Workshop 5** **Come ALIVE with the Enneagram!**

**Zitta de Fries (DK)**

As an eminent choreographer and theatre director, Zitta facilitates a lively, playful workshop that will help you experience and embody Enneagram energies like never before. She will also describe how, using the Enneagram, professional actors and dancers have benefitted. Let your hair down and make new discoveries!



6.00 **Drinks and Cello Recital by Martin Salzwedel**



### 6.15 **Drinks Reception and Interest Corners**

Interest Corner A: Enneagram Profiling in Business  
**Fergus Sullivan (UK)**

Three or more 'Interest Corners' will feature contributions from delegates & contributors

7.30 Dinner

# EnneaFest Day Two

## Sunday 25th April 2021



9.00 Arrival and day-delegate registration

9.30 Community gathering, welcome to Day 2 of EnneaFest 2021

### 10.00 Keynote 2: The Enneagram Prison Project

**Susan Olesek (USA)**

The power of offering self-awareness and self-management training using the Enneagram system combined with somatic awareness and mindfulness meditation. Discover the inspiring story of how, as a result, people living in prison are transforming their lives.



11.15 Break and refreshments

### 11.45 Workshop 6

#### Enneagram Prison Project in the UK

**Susan Olesek (USA)**

**Christine Adames (UK)**

Evidence based practice - practical applications of the Enneagram Prison Project in the UK and how the project translates here. Find out about how the Enneagram is being used to achieve vital outcomes with hard to reach groups.



### Workshop 7

#### The Enneagram in Organisational and Team Development

**Colette Luscomb (US), Angela Scott (UK)**

Discover fundamental ways the Enneagram is being applied in the work environment: to enhance relationships, leverage diversity, improve team dynamics and more besides. Participants and clients on interview panels share their experience.



1.00 Lunch break

### 2.00 Workshop 8

#### Integral Coaching - Essential Positive Qualities of Being

**Sue Braithwaite (UK)**

A short introduction to Integral Coaching and its grounding in both the Enneagram and the concept of 'Essential Positive Qualities'. Experiential discovery and practical take-aways.



### Workshop 9

#### Sitting in the Gap - Transformational Journeying with the Enneagram

**Heather Brown (UK), Therese Ryan (Eire)**

We introduce typical stages of an Enneagram development path. Participants will have the chance to experience somatic practices to help them move forward on their journey, whatever the present goal or challenge.



3.00 Break and Refreshments

### 3.15 Panel Forum – All Session Leaders - Q&A – Dialogue

We'll be gathering themes and questions throughout and will address them here, amongst facilitators and delegates alike. Many people said this was one of the highlights of our first EnneaFest, with great questions and inspiring conversation. We'll focus especially on how the Enneagram can help and inspire us to thrive in a changing world.

### 4.30 Creative and Musical Finale with Martin and Zitta



5.00 Close

Key to Symbols for the EnneaFest's 4 Themes



Coaching, corporate leadership and development



Social reform



Relationships, personal and spiritual development



Creative arts, innovation and technology

[www.enneafest.co.uk](http://www.enneafest.co.uk) for information & booking